



LES ROCHES  
BLANCHES

CASSIS

SPA MENU LES ROCHES BLANCHES

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# THE LOCATION

## LES ROCHES BLANCHES



You are in the right place:

# THE SPA

## LES ROCHES BLANCHES

On the edge of a rock, hidden in the pines...

Let yourself be transported into this wellness interlude and enjoy an experience where innovation and efficiency go hand in hand with personalisation, emotion and sensoriality.

Overlooking the sea facing Cap Canailles

The Spa at Roches Blanches features four treatment rooms, including a duo room with a sea view, a luminous relaxation area, an elegant mosaic hammam and a fitness room.

Discover all the expertise of our three emblematic brands SISLEY, ORIGINE KURE BAZAAR.

### Opening hours

Monday to Sunday, 10am to 8pm.

### Bookings / Information

+ 33 (0)4 42 01 63 04

By e-mail [spa@roches-blanches-cassis.com](mailto:spa@roches-blanches-cassis.com)

By dialling 300 from your hotel room



## Concept & Philosophy

# SISLEY

Discovering *Sisley Phyto-Aromatic Treatments* is first and foremost immersing yourself in the sensorial world of an exceptional brand, renowned for the extreme quality of its skincare products and their incomparable effectiveness.

It also means benefiting from the unique expertise and experience of a top-of-the-range brand renowned for using the very best natural plant extracts and essential oils.

Massage rituals from around the world, based on local traditions, combine with the beneficial properties of aromatherapy to bring body and mind together.

Sisley Phyto-Aromatic Treatments are available in several versions, for the face and body. Created with the utmost attention to detail, they feature specific gestures to meet the needs of each skin type and give it what it needs.



# FACE CARE

PHYTO-AROMATIQUES  
SISLEY





## EXPERT PHYTO-AROMATIC TREATMENTS

Sisley's fully personalised Phyto-Aromatic Treatments will take you on an exceptional sensory journey, a gentle and pleasurable interlude that will leave you with a revitalised face, a fresh and radiant complexion, a feeling of extreme comfort and tightened pores...

60 minutes 185€

## PHYTO-AROMATIC AFTER-SUN REPAIR TREATMENT

A wonderful moment of relaxation for damaged or irritated skin, Phyto-Aromatique After-Sun Repair is absolutely gentle.

The skin is soothed and regains vitality, comfort and serenity.

60 minutes 185€

## PHYTO-AROMATIC RADIANCE DISCOVERY TREATMENT

Discover the sensoriality of Sisley facial treatments during a wellness and beauty break tailored to your needs. well-being and beauty.

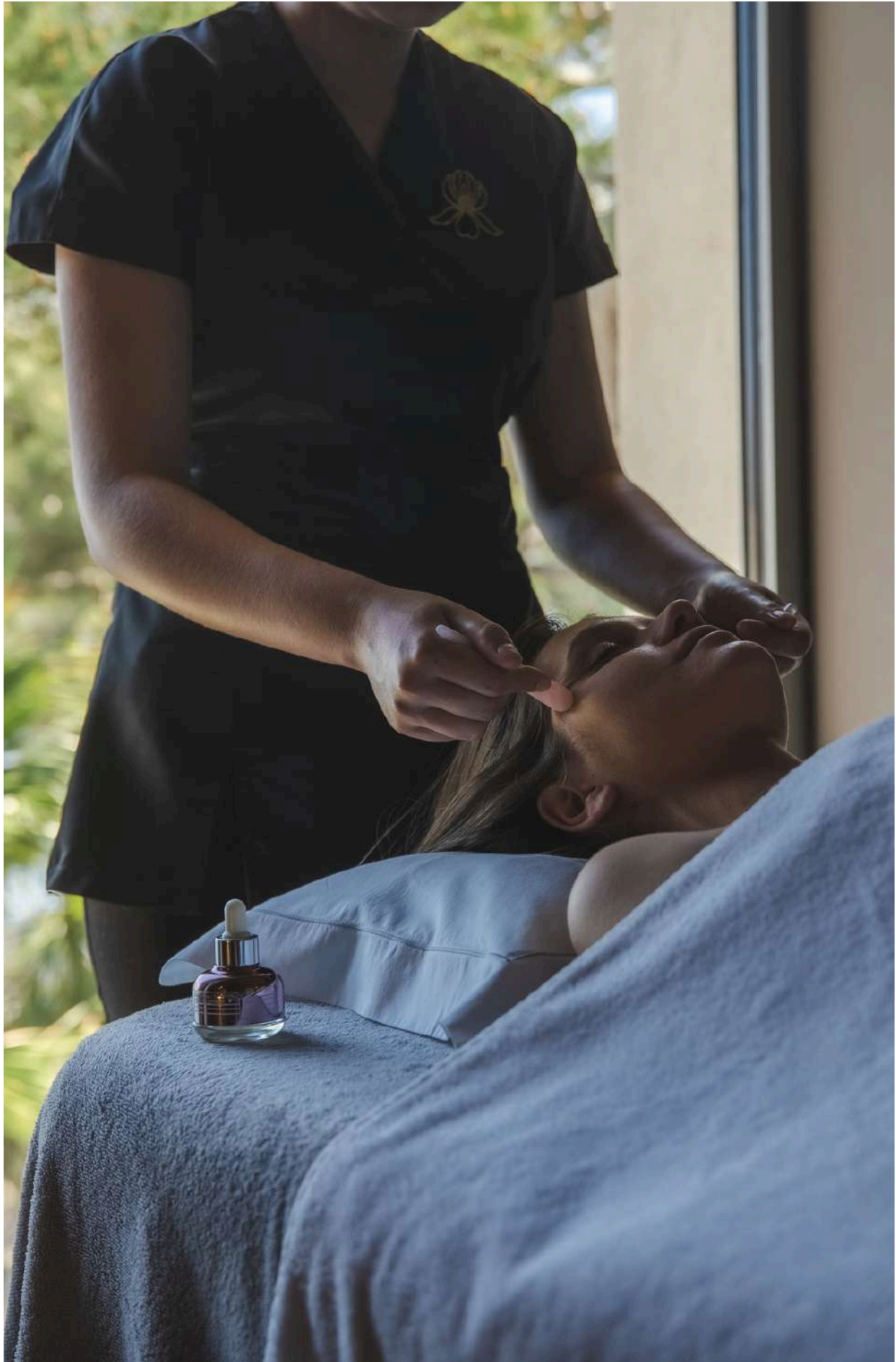
30 minutes 95€

## EYE CARE IN COMBINATION WITH A FACE TREATMENT

Specially designed to enhance your eyes, this targeted treatment relaxes, smoothes fine lines and wrinkles, and reduces dark circles and puffiness.

This timeless break will give your eyes the benefits of several quiet nights, and more.

30 minutes 95€



## SUPREME ANTI-AGEING PHYTO-AROMATIC CARE

Sisley has created an exceptional 90-minute ritual, incorporating a 20-minute muscle modelling for immediate results on skin vitality. An exclusive synergy of the most effective massage techniques, it includes in its protocol the Grand Soin Anti-Âge Sisley Supremya the Night, for a resculpted face, smoother features and more toned skin.

90 minutes 250€

## SISLEYA PHYTO-AROMATIC TREATMENT

In 90 unforgettable minutes, the Sisleya phyto-aromatic treatment uses sophisticated rituals to deeply reshape the face and give it a new youthfulness.

90 minutes 250€

## PHYTO-AROMATIC PLUMPING YOUTH CARE WITH ROSE

A timeless experience thanks to Quartz stones offering an exceptional sensation of well-being. A true beauty experience with a natural rose fragrance, this gentle journey relaxes the face, smoothes the features and reveals the radiance of your skin.

90 minutes 250€



# BODY CARE AND RITUALS

SISLEY



## LAVENDER & ROSEMARY PHYTO-AROMATIC EXFOLIATING TREATMENT

Soin Phyto-Aromatique Exfoliant is a unique exfoliation treatment that combines aromatherapy with the effectiveness of an invigorating body scrub. It is recommended before any other body treatment.

30 minutes	95€
With hydratation 45 minutes	140€

## SERENITY PHYTO-AROMATIC TREATMENT

This gentle treatment is a real journey that transports you to the heart of an aromatic Californian massage combining moisturisation with Sisley products. This relaxing treatment has soothing and regenerating benefits.

60 minutes	170€
90 minutes	235€

## PHYTO-AROMATIC SLIMMING AND FIRMING TREATMENT

The Energising Phyto-Aromatic Slimming and Firming treatment offers the perfect combination of rhythmic sculpting and the effectiveness of anti-cellulite active ingredients. A smoothing and toning treatment for a sublimated body.

60 minutes	170€
Three-treatment cure	500€

### SISLEY PRESTIGE RITUAL 280€

Hamam  
30 minutes

Phyto-aromatic Exfoliating Body Care  
30 minutes

Expert Phyto-Aromatic Face Care  
60 minutes

### SISLEY RITUAL OF EXCEPTION 450€

Hamam  
30 minutes

Phyto-aromatic Exfoliating Body Care  
30 minutes

Serenity Phyto-Aromatic Care  
60 minutes

Expert Phyto-Aromatic Face Care  
60 minutes

# THE EXCEPTIONAL SIGNATURE TREATMENT LES ROCHES BLANCHES

Let yourself be seduced by our signature ritual; a perfect symbiosis between a relaxing massage with warm shells and a Sisley Phyto-Aromatique Eclat face care.

**Relaxing massage with warm shells**

60 minutes

**Sisley Phyto-Aromatique Radiance Face Care**

30 minutes

90 minutes 265€







# THE MASSAGES

LES ROCHES BLANCHES



Let yourself be carried away  
by the olfactory universe of our brand

# ORIGINE ©

Origine® was born in Provence, near Cassis, and has been working in the field of craft cosmetics for 10 years, carefully selecting the materials, scents and active ingredients that nature has to offer to create authentic, sensorial products.

## SIGNATURE MASSAGE WITH WARM SHELLS

Let yourself be transported to the heart of the Mediterranean with the soft warm shellfish.

60 minutes 170€

## MADE-TO-MEASURE

Personalise your massage: choose to treat the areas of your choice, the intensity of the pressure and the rhythm of the strokes.

30 minutes 95€

60 minutes 170€

90 minutes 235€

## THE DEEP TISSUE

This gentle massage technique, performed at a slow pace, targets the muscles in depth.

60 minutes 170€

90 minutes 235€

## THE DETOX MASSAGE

Let yourself be surprised by this invigorating massage using ice balls to give your legs a real sensation of freshness and lightness.

60 minutes 170€

## THE MUM TO BE

Gentle massage for a moment of connection with your baby while relieving tension.

60 minutes 170€









# ORIGINE RITUALS

## PRESTIGE RITUAL ORIGINE

Body scrub	30 minutes
Body wrap	30 minutes
Made-to-measure massage	60 minutes / 90 minutes
	2h - 360€
	2h30 - 425€

## PROVENCE RITUAL ORIGINE

Body scrub	30 minutes
Body wrap	30 minutes
Made-to-measure massage	60 minutes / 90 minutes
	2h - 265€
	2h30 - 330€

# THE HAMMAM DES ROCHES BLANCHES

The steam helps to clear the mind and to let go. Muscles relax and the skin's pores open to better receive the treatments that follow.

## HAMMAM DUO

60 minutes - 100€

## ORIENTAL PLATE

Black soap and kessa glove available.  
To complement your hammam session

15€/personne







# BEAUTY CARE

LES ROCHES BLANCHES

# HANDS & FEET BEAUTY

## KURE BAZAAR

Kure Bazaar is the first new-generation nail varnish to combine the ethics of an eco-friendly formula with the vibrant colours of Parisian fashion. The exclusive Kure Bazaar formula, up to 90% natural origin, preserves the vitality of the nails, respecting their natural renewal cycle.

### HANDS OR FEET BEAUTY

Filing, cuticle treatment, moisturising	30 minutes	75€
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### EXCEPTIONAL RITUAL FOR HANDS OR FEET

Mise en beauté des ongles, exfoliation et massage	60 minutes	120€
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CLASSIC NAIL VARNISH APPLICATION	20 minutes	30€
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SEMI-PERMANENT VARNISH APPLICATION	30 minutes	60€
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SEMI-PERMANENT VARNISH REMOVAL	15 minutes	45€
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## Professional Make-up

# SISLEY

Cutting-edge technologies, formulas enriched with active ingredients of plant origin, ultra-pure pigments, high-performance and sensorial textures, luminous shades... Sisley make-up is an experience that makes you beautiful and cares for your skin.

BEAUTY MAKING	AFTER-CARE	10 minutes	35€
MAKEUP	DAY	30 minutes	75€
MAKEUP	EVENING	60 minutes	120€



# GENERAL INFORMATION

## OPENING HOURS

Monday to Sunday, 10am to 8pm.

## INFORMATION & RESERVATIONS

By telephone on +33(0)4 42 01 63 04  
or from your room at 300.

The Spa recommends that you arrive 20 minutes before your appointment time.

The duration of your treatment also includes a welcome in the treatment room.

All treatments outside the Spa (room, Villa Cala Bianca or outside) will be billed at an additional 50% of the rates shown. Treatments performed outside opening hours will be subject to a 50% surcharge.

## GIFT SETS

Offer unique moments:  
birthdays, parties, weddings.

Order online at:  
<https://rochesblanchescassis.secretbox.fr/spa-by-sisley.html>

## SERVICES ON REQUEST:

Hair removal: Hair removal on request.

Sports on the map: yoga teacher, pilates, fitness coach, dietician...

Spa privatization (EVJF, events...)

## ACCESS / RESPONSIBILITIES

Outside guests are welcome at the Spa. The Spa provides lockers for your personal belongings and is not responsible for personal belongings placed in the lockers or left within the Spa.

## HEALTH CONDITIONS / AGE CONDITIONS

If you have a medical condition or are pregnant, please let us know when you book your appointment. The hammam is forbidden to under-16s.

Minors must be accompanied by an adult to access the fitness room and Spa.

## CANCELLATION POLICY

Any treatment changed or cancelled less than 24 hours in advance will be billed in full. Any late arrival will not extend the duration of the treatment booked.





**sisley**  
PARIS

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