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[www.roches-blanches-cassis.com](http://www.roches-blanches-cassis.com)

## ROCHES BLANCHES SPA MENU

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# THE PLACE

LES ROCHES BLANCHES

You are in the right place :

## The SPA

LES ROCHES BLANCHES

Flush with rock, hidden in the pines...

Let us take you on a journey of well-being, where innovation and efficiency go hand in hand with personalization, emotion and sensoriality.

Overlooking the sea in front of Cap Canailles

The Spa des Roches Blanches features four treatment rooms, one double and one single with sea view, a bright relaxation area, an elegant mosaic hammam and a fitness room.

Find all the expertise of our three emblematic brands **SISLEY**, **ORIGINE** and **KURE BAZAAR**.

### Opening Hours

Monday to Sunday, 10am to 8pm.

### Reservations / Information

+ 33 (0)4 42 01 63 04  
or by e-mail [spa@roches-blanches-cassis.com](mailto:spa@roches-blanches-cassis.com)  
or dial 300 from your hotel room





## Concept & Philosophy

# SISLEY

To discover Sisley Phyto-Aromatic Care is first and foremost to immerse yourself in the sensorial universe of an exceptional brand, renowned for the extreme quality of its skincare products and their incomparable efficacy.

It also means benefiting from the unique know-how and experience of a top-of-the-range brand renowned for using the very best natural plant extracts and essential oils.

In this way, massage rituals from around the world, based on local traditions, combine with the beneficial properties of aromatherapy to reunite body and mind.

Sisley Phyto-Aromatic Treatments are available in several versions, for face and body. Created with the utmost attention to detail, they feature specific gestures to meet the needs of each skin type and give it what it craves.



# FACIAL CARE

## PHYTO-AROMATIC SISLEY



### PHYTO-AROMATIC EXPERT FACIAL

Sisley's fully personalized Phyto-Aromatic Treatments will take you on a journey to an exceptional sensory universe, an interlude of gentleness and pleasure for a revitalized face, a fresh, radiant complexion, a feeling of extreme comfort, tightened pores...

60 minutes 185€

### PHYTO-AROMATIC AFTER-SUN REPAIR FACIAL

A wonderful moment of relaxation for irritated skin, phyto-aromatic after-sun repair treatment is extremely gentle. Skin is soothed and regains vitality, comfort and serenity.

60 minutes 185€

### PHYTO-AROMATIC RADIANCE DISCOVERY TREATMENT

Discover the sensoriality of Sisley facial treatments during a tailor-made wellness and beauty break.

30 minutes 95€

### EYE CARE TO COMPLEMENT A FACIAL

Specially designed to enhance your eyes, this targeted treatment relaxes, smoothes fine lines and wrinkles, and reduces dark circles and puffiness. This timeless break will give your eyes the benefits of several quiet nights, and more.

30 minutes 95€



### PHYTO-AROMATIC SUPREME ANTI-AGING FACIAL

Sisley has created an exceptional 90-minute ritual, incorporating a 20-minute muscle massage for immediate results on skin vitality. An exclusive synergy of the most effective massage techniques, it includes the Grand Soin Anti-Âge Sisley Supremya in its protocol at night, for a plumped face, smoother features and more toned skin.

90 minutes 250€

### PHYTO-AROMATIC SISLEYA FACIAL

In 90 unforgettable minutes, the Sisleya phyto-aromatic treatment uses sophisticated rituals to deeply reshape the face and give it a new youthfulness.

90 minutes 250€

### PHYTO-AROMATIC YOUTH PLUMPING ROSE CARE

A timeless experience thanks to Quartz stones offering an exceptional sensation of well-being. A true beauty experience with a natural rose fragrance, this gentle journey relaxes the face, smoothes the features and reveals the radiance of your skin.

90 minutes 250€

# BODY CARE AND RITUALS

## SISLEY



### LAVENDER & ROSEMARY PHYTO-AROMATIC EXFOLIATING TREATMENT

Soin Phyto-Aromatique Exfoliant is a unique exfoliation treatment that combines aromatherapy with the effectiveness of an invigorating body scrub. Recommended before all other body treatments.

	30 minutes	95€
With hydration	45 minutes	140€

### SERENITE PHYTO-AROMATIC TREATMENT

This gentle treatment is a true voyage that transports you to the heart of an aromatic Californian massage, combining hydration with Sisley products. This relaxing treatment provides soothing and regenerating benefits.

	60 minutes	170€
	90 minutes	235€

### PHYTO-AROMATIC SLIMMING AND FIRMING TREATMENT

Phyto-Aromatique Energizing Slimming and Firming treatment offers the perfect combination of rhythmic sculpting and the effectiveness of anti-cellulite active ingredients. A smoothing and toning treatment for a sublimated body.

	60 minutes	170€
Three-treatment cure		500€

### SISLEY PRESTIGE RITUAL 280€

Steam room  
30 minutes

Phyto-aromatic Exfoliating Body Care  
30 minutes

Phyto-Aromatic Expert Facial  
60 minutes

### SISLEY RITUAL OF EXCEPTION 450€

Steam room  
30 minutes

Phyto-aromatic Exfoliating Body Care  
30 minutes

Phyto-Aromatic Serenity Care  
60 minutes

Phyto-Aromatic Expert Facial  
60 minutes



# EXCEPTIONAL SIGNATURE CARE LES ROCHES BLANCHES

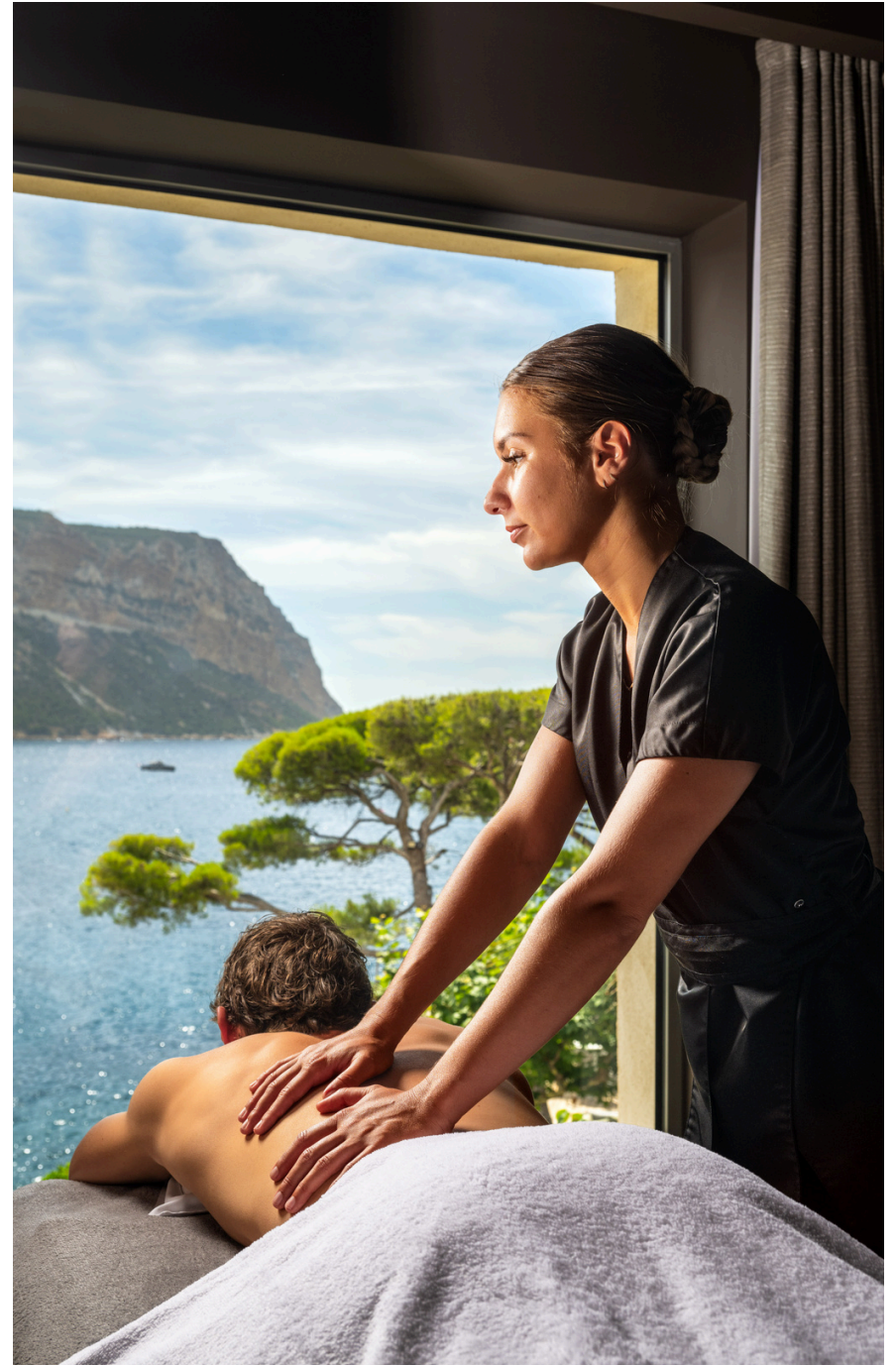
Let yourself be seduced for a moment by our signature ritual; a perfect symbiosis between a relaxing massage with warm shells and a Sisley Phyto-Aromatic Radiance Facial.

Relaxing massage with warm shells  
Sisley Phyto-Aromatic Radiance Facial

60 minutes

30 minutes

90 minutes 265€







# MASSAGES

## LES ROCHES BLANCHES



Let yourself be carried away by the olfactory universe of our brand

# ORIGINE<sup>©</sup>

Born in Provence, near Cassis, Origine<sup>®</sup> has been working in the field of artisanal cosmetics for 10 years, carefully selecting the materials, scents and active ingredients that nature has to offer for authentic, sensorial products.

### SIGNATURE MESSAGE WITH WARM SHELLS

Let yourself be transported to the heart of the Mediterranean with soft, warm shells

60 minutes 170€

### MADE-TO-MEASURE

Personalize your massage: choose to target the areas of your choice, the intensity of the pressure and the rhythm of the strokes.

30 minutes 95€  
60 minutes 170€  
90 minutes 235€

### DEEP TISSUE

This massage technique, performed at a slow pace, enables deep, targeted muscle work.

60 minutes 170€  
90 minutes 235€

### DETOX MESSAGE

Let yourself be surprised by this invigorating massage with ice balls for a real sensation of freshness and lightness in the legs.

60 minutes 170€

### THE MOTHER-TO-BE

Gentle massage for a moment of connection with your baby while relieving tension.

60 minutes 170€





# ORIGINE RITUAL

## ORIGINE PRESTIGE RITUAL

Body scrub	30 minutes
Body wrap	30 minutes
Tailor-Made Massage	60 minutes / 90 minutes
	2h - 360€
	2h30 - 425€

## ORIGINE RITUAL IN PROVENCE

Steam room	30 minutes
Body Scrub	30 minutes
Tailor-Made Massage	60 minutes / 90 minutes
	2h - 265€
	2h30 - 330€

# THE STEAMROOM DES ROCHES BLANCHES

Steam helps to free the mind and let go. Muscles relax and skin pores open to better receive the treatments that follow.

**DUO STEAM ROOM** 60 minutes - 100€

## ORIENTAL TRAY

Black soap and kessa glove available.  
To complement your steam bath session 15€/person





## HANDS & FEET BEAUTY KURE BAZAAR

Kure Bazaar is the first new-generation nail polish to combine the ethics of an eco-friendly formula with the vibrant colors of Parisian fashion. The exclusive Kure Bazaar formula, up to 90% natural origin, preserves the vitality of nails, respecting their natural renewal cycle.

### HAND OR FOOT BEAUTY TREATMENT

Filing, cuticle treatment, moisturizing	30 minutes	75€
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### EXCEPTIONAL HAND OR FOOT RITUALS

Nail beauty, exfoliation and massage	60 minutes	120€
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### CLASSIC NAIL POLISH APPLICATION

20 minutes	30€
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### SEMI-PERMANENT

30 minutes	60€
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### SEMI-PERMANENT TAKE OFF

15 minutes	45€
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## Professional Make-up

# SISLEY

Cutting-edge technologies, formulas enriched with plant-derived active ingredients, ultra-pure pigments, high-performance, sensorial textures, luminous shades... Sisley make-up is an experience that makes you beautiful and cares for your skin.

<b>MAKE UP</b>	AFTER CARE	10 minutes	35€
<b>MAKE UP</b>	DAY	30 minutes	75€
<b>MAKE UP</b>	EVENING	60 minutes	120€



# GENERAL INFORMATION

## OPENING HOURS

Monday to Sunday, 10 am to 8 pm.

## INFORMATIONS & RESERVATIONS

By phone on +33(0)4 42 01 63 04  
or from your room on 300.

The Spa recommends that you arrive 20 minutes before your appointment time.

The duration of your treatment also includes a welcome in the treatment room.

All treatments outside the Spa (room, or outside) will be billed at an additional 50% of the indicated rates.

rates. Treatments performed outside opening hours will be subject to a 50% surcharge.

## GIFT BOXES

Offer unique moments:  
birthdays, parties, weddings.

Order online at :  
<https://rochesblanchescassis.secretbox.fr/spa-by-sisley.html>

## SERVICES ON REQUEST:

Hair removal : Hair removal on request.

A la carte sports : yoga teacher, pilates, fitness coach, dietician...

Privatization of the Spa (EVJF, events...)

## ACCESS / RESPONSIBILITIES

Outside guests are welcome at the Spa. The Spa provides lockers for your personal belongings and is not responsible for personal belongings placed in lockers or left in the Spa.

## HEALTH / AGE CONDITIONS

If you have a medical condition or are pregnant, please inform us when you book your appointment. The hammam is forbidden to under-16s.

Minors must be accompanied by an adult to access the fitness room and spa.

## CANCELLATION POLICIES

Any treatment changed or cancelled less than 24 hours in advance will be billed in full. Late arrivals will not extend the duration of the treatment booked.

